

## Time to Live guidelines

Time to Live is a funding operated by Shared Care Scotland on behalf of the Scottish Government as part of their commitment to the development of short breaks for the benefit of carers and those they care for. The purpose of the Short Breaks Fund is to increase the range, availability, and choice of short breaks for carers and those they care for across Scotland.

Time to Live funding is intended to be flexible and provide carers with a break from the daily routine of caring. It can be an opportunity to try something new, to participate in social activities, have time to rest and recharge their batteries. We encourage carers to be creative with the types of short breaks they wish to apply for.

**East Renfrewshire Carers Centre** has been awarded a portion of this funding to provide short breaks to carers across East Renfrewshire.

Carers can apply for up to £300 towards the cost of a short break.

### Eligibility Criteria

All applicants must be unpaid carers living in East Renfrewshire or young carers who are being supported by a young carers organisation in East Renfrewshire.

**The fund will target those carers who are less likely to access traditional services, those who are under most stress and those in most need of a short break.**

Due to demand and the limited nature of this fund, the panel may prioritise applications where:

- The applicant has not accessed this fund in the past 12 months
- Little or no immediate support is available from another source
- The carer finds it difficult to cope and may be unable to continue in their caring roles without intervention
- The carer can demonstrate that they would otherwise find it difficult, or impossible, to take a break due to financial circumstances

## **Decision Making**

Time to Live applications will be considered by a decision-making panel of carers or former carers. You will be notified by a member of staff of the outcome

## **Payments**

Payment for any award approved will be by BACS (other payment methods may be considered by exception only) and will take at up to 14 working days from the date bank details are given to the member of staff.

Payments for the fund must be used for the intended Break proposed in your application. If you cannot use the payment for the intended break (we understand that circumstances can sometimes change for reasons out with your control), we will have a discussion around suitable alternative options for you. Prior approval is needed for this repurposed break (in line with the funding criteria) and if not this may negatively influence your ability to access future funding through East Renfrewshire Carers.

## **Terms and Conditions**

Carers agree to take part in evaluation if they are successful with an application. This involves the carer completing a short questionnaire after they use their grant to help assess the impact of the grant. Carers should note that failure to produce feedback may have negative impact on any future applications

Carers are requested to provide proof of purchase e.g., receipts or invoices to the full of the award if at all possible.

The panel will not pay retrospectively for any short break.

East Renfrewshire Carers Centre may use anonymised information given by carers for the purposes of reporting to Shared Care Scotland, and promotion of the fund

Any photographs that are sent to East Renfrewshire Carers Centre as part of the evaluation process by individuals who have received grants may be used for the purposes of promoting the fund or for reporting to Shared Care Scotland

The success and amount of any grant will be dependent upon availability of funding

Only one application per household and per cared-for person will be considered.

In completing and submitting an application the carer must consent to the information provided being stored by East Renfrewshire Carers Centre and shared with panel members for the purposes of decision making, evaluation and reporting.