

## TIME TO LIVE FUND APPLICATION FORM

2024 - 2025

**Please read the guidelines prior to applying.**

**You must reside in East Renfrewshire to apply. Maximum grant £300.00**

<p><b>Your situation – please clearly state your caring role and the impact on you.</b></p>	
<p><b>What would you like to apply for?  Please be specific</b></p>	

<p><b>The benefits if application approved?</b></p>

Person you care for Needs / Health							
Physical disability		Long term condition		dementia		Mental ill health	
Sensory impairment		Harmful alcohol or drug abuse		autism		Learning disability	

**Have you had a grant from this fund within the last 12 months: YES NO**

Type of short break requested							
Hotel break/holiday with person you care for		Hotel break/holiday without person you care for		day activities		Stress Management	
Classes / lessons		Meal / Takeaway		Leisure/Fitness		Equipment/home improvements	

Short Break details: (only complete if break away)		
Dates:	Times:	Cost:
Alternative Support required for person you care for?		YES NO
Alternative Support Details: (care agency)		
Dates	Time/s	Cost

<b>Total Cost of break</b>	£
<b>Breakdown of costs required</b>	
	<b>TOTAL £</b>
<b>If remaining cost needed, are you able to fund?</b>	

**Expected benefit/s of creative break**

Carers and those they care for will have improved physical, mental & emotional well-being	
Carers will have more opportunities to enjoy a life outside of their caring role	
Carers will be better supported to sustain their caring role	
Carers who are less likely to ask for support will feel better supported and more aware of sources of help	
Through sharing learning & practice, there will be better understanding of the role of short breaks in supporting caring relationships, and a better awareness of different models of short break services that can be meaningful to different people.	

**Type of Carer:**

Adult Carer                      Young Carer (under 18)                      YAC (19 – 25 yrs)

New to Organisation (less than 3 months)

<b>For office use</b>	
Carer BD no & Initials	
Staff name	